Program Overview and Target Audience

This program is designed to offer a broad-based update on traditional techniques as well as new ideas in the field of orthopedic surgery.

This program is directed towards practicing orthopedic surgeons, orthopedic residents and fellows, and other health professionals practicing in the field of orthopedics.

Program Objectives

- Assess the various surgical options used to treat rotator cuff tears in young patients, and describe which techniques are most efficacious in various scenarios.
- Discuss the options for treatment of hip fractures including open reduction and internal fixation, hemiarthroplasty, and total joint arthroplasty, and identify the optimal and most cost-effective treatments.
- Compare non-operative treatment and surgical management options for distal radius fractures in older patients.
- Analyze contemporary literature to determine which surgical or non-operative treatment is most appropriate for a given physiological age and activity level of individual patients.

AMA Credit Designation Statement

The New England Orthopedic Society designates this live activity for a maximum of 11.00 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education. The New England Orthopedic Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

The New England Orthopedic Society would like to thank the following exhibitors for their support:

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MARK YOUR CALENDAR FOR OUR NEXT NEOS EVENTS!

2015 Fall Meeting
November 20–21, 2015
Massachusetts Medical Society
Waltham, MA

2016 Spring Meeting
June 3–5, 2016
Woodstock Inn and Resort
Woodstock, VT

New England Orthopedic Society

2015 Spring Meeting
Friday–Sunday
May 29–31, 2015
Samoset Resort on the Ocean
Rockport, ME

Guest Professors:

A. Bobby Chhabra, MD
Chair, Department of Orthopaedic Surgery,
Lillian T. Pratt Distinguished Professor
of Orthopaedic Surgery,
Professor of Plastic and Reconstructive Surgery,
University of Virginia Health System, Charlottesville, VA

Matthew T. Provencher, MD
Chief, Sports Medicine Service,
Massachusetts General Hospital;
Medical Director, New England Patriots;
Visiting Professor, Harvard Medical School, Boston, MA

George V. Russell, MD
Professor and Chairman,
Traumatology, Pelvic/Acetabular Surgery,
Surgery of Malunions and Nonunions,
University of Mississippi Medical Center, Jackson, MS

Rafael Sierra, MD
Professor of Orthopedics, Mayo Clinic, Rochester, MN
President’s Introduction
Joshua Baumfeld, MD

SESSION 1
MODERATOR: JOSHUA BAUMFELD, MD

1:00–1:30 p.m.
President’s Introduction
Joshua Baumfeld, MD

1:30–2:00 p.m.
Treatment of OCD of the Capitellum in the Competitive Athlete
A. Bobby Chhabra, MD

2:00–2:30 p.m.
Shoulder Instability — What to Do in 2015 — Tips/Tricks and What Not to Miss
Matthew T. Provencher, MD

2:30–2:40 p.m.
Hemiarthroplasty — Is There Still a Role for Proximal Humerus Fracture?
John-Erik Bell, MD

2:40–2:50 p.m.
Reverse Total Shoulder Arthroplasty
Xinning Li, MD

2:50–3:00 p.m.
Treatment of Tennis Elbow
Jennifer Wolf, MD

3:00–3:40 p.m.
Symposium 1 — Rotator Cuff Tear in the Young Patient
MODERATORS: NICOLA DEANGELIS, MD JOSEPH DEANGELIS, MD
Panelists: John-Erik Bell, MD Xinning Li, MD Matthew T. Provencher, MD Arun Ramappa, MD

3:40–4:00 p.m.
BREAK — Exhibitors

SESSION 2
MODERATOR: ANDREW MARCANTONIO, DO

7:00–9:00 a.m.
BREAKFAST

7:30–8:00 a.m.
Volar Plating of Distal Radius Fracture with Concurrent FCR Carpal Tunnel Release
A. Bobby Chhabra, MD

8:00–8:30 a.m.
The Dreaded Posterior lateral Corner of the Knee — How to Handle and How Not to Miss
Matthew T. Provencher, MD

8:30–8:40 a.m.
Syndesmotic Ankle Injury — Does Anatomic Reduction Matter?
Marcus P. Coe, MD, MS

8:40–8:50 a.m.
Treatment of Periprosthetic Hip Fractures
Paul T. Appleton, MD

8:50–9:00 a.m.
Hip Preservation Update
Michael Kain, MD

SESSION 3
MODERATOR: JACK WIXTED, MD

9:00–9:40 a.m.
Symposium 3 — Distal Radius Fractures — Cast, Ex-Fix, Plate, Pin?
Panelists: A. Bobby Chhabra, MD N. George Kasparyan, MD George V. Russell, MD Jack Wixted, MD Jennifer Wolf, MD

9:40–10:00 a.m.
BREAK — Exhibitors

SESSION 2
MODERATOR: ROBERT CANTU, MD

10:00–10:30 a.m.
MBA in Orthopedics — Is it Beneficial?
George V. Russell, MD

10:30–11:00 a.m.
Return to Football and Long-Term Clinical Outcomes After Thumb Ulnar Collateral Ligament Suture Anchor Repair in Collegiate Athletes
A. Bobby Chhabra, MD

11:00–11:10 a.m.
Preoperative Planning for Shoulder Arthroplasty with 3D Printed Glenoid Models
Mena Mesihia, MD

11:10–11:20 a.m.
Lateral Epicondylitis: 2015
N. George Kasparyan, MD

11:20–11:30 a.m.
Final Remarks and Adjournment